



## **QUEENS PARK MONTESSORI DAY NURSERY**

**155 Richmond Park Road  
Bournemouth  
Dorset  
BH8 8UA**

**Telephone: (01202) 523293**

**Proprietor: Mrs Alison Toms**

**Ofsted Reg: EY242933**

### **A Unique Child**

**1.3 Keeping Safe**

**1.4 Health and Well-being**

**STAY SAFE  
BE HEALTHY**

**EYFS: 3.1, 3.2, 3.4, 3.6, 3.7,**

### **INTIMATE CARE POLICY**

Queens Park Montessori Day Nursery aims to support children's care and welfare on a daily basis in line with their individual needs. All children need contact with familiar, consistent carers to ensure they can grow and develop socially and emotionally. At times children need to be cuddled, encouraged, held and offered physical reassurance.

Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toileting, changing clothes, and giving first aid treatment and specialist medical support, where required.

In order to maintain the child's privacy, the majority of these actions will take place on a one-to-one basis and wherever possible will be supported by the child's keyworker, with the exception of the first aid treatment that will be conducted by a qualified first aider (all staff refresh their paediatric first aid training every three years).

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. Through the following actions we will endeavour to support all parties:

- Promote consistent and caring relationships through the keyworker system in the nursery and ensure all parents understand how this works,
- Ensure all staff undertaking intimate care routines have suitable enhanced DBS checks,

- Train all staff in the appropriate methods for intimate care routines and access specialist training where required, i.e. paediatric first aid training, specialist medical support,
- Ensuring children are afforded privacy during intimate care routines whilst balancing this with the need to safeguard children and staff. No nappies will be changed or intimate routines take place behind closed doors,
- Conduct thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines,
- Follow up on these procedures through supervisor meetings and appraisals to identify any areas for further development or further training,
- Working closely with parents on all aspects of the child's care and education as laid out in the 'Parents and Carers as partners' policy. This is essential for intimate care routines which require specialist training or support. If a child requires specific support the nursery will arrange a meeting with the parent to discover all the relevant information relating to this to enable the staff to care for the child fully and meet their individual needs,
- Ensure all staff have up-to-date understanding of safeguarding and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise concerns as set out in the safeguarding policy.
- The setting operates a whistleblowing policy as a means for staff to raise concerns relating to their peers or managers. The management will support this by ensuring staff feel confident in raising worries as they arise in order to safeguard the children in the nursery,
- Staff will be trained in behaviour management techniques which will include using restraint techniques where required, e.g. if a child is likely to hurt themselves or others,
- The nursery conducts regular risk assessments on all aspects of the nursery operation and this area is no exception. The nursery has assessed all the risks relating to intimate care routines and has placed appropriate safeguards in place to ensure the safety of all involved.

If any parent or member of staff has concerns or questions about intimate care procedures or individual routines, please see the manager at the earliest opportunity.

**This policy was adopted on:** .....

**Signed on behalf of the nursery:** .....

**Date for review:** .....